



Technical Dan Grade Examination Form

Name of Candidate:		Licence No:	
		Current grade:	

SECTION 1 - Nage-waza		SECTION 2 - Ne-waza		SECTION 3 – Renzoku-waza		SECTION 5 – Kaeshi-waza	
Nage-waza:		Ne-waza:		Nage-waza:		Nage-waza:	
1st SET		1st SET		1st SET		1st SET	
O-goshi		Hon-kesa-gatame		Seoi-nage to Seoi-otoshi		Harai-goshi countered by Ushiro-goshi	
Uki-goshi		Kuzure-kesa-gatame		O-uchi-gari to Ko-uchi-gari		Uchi-mata countered by Tai-otoshi	
Tsuri-goshi		Ushiro-kesa-gatame		Hiza-guruma to Harai-goshi		Ko-uchi-gari c/w Harai-tsuri-komi-ashi	
Tsuri-komi-goshi		Makura-kesa-gatame		2nd SET		2nd SET	
Tai-otoshi		Mune-gatame		O-goshi to Uki-goshi		O-uchi-gari countered by Ko-soto-gari	
Ippon-seoi-nage		Kata-gatame		O-uchi-gari to Ko-soto-gake		Ko-soto-gari countered by Uchi-mata	
Morote-seoi-nage				O-soto-gake to O-soto-gari		O-soto-gari countered by O-soto-gaeshi	
Seoi-otoshi				3rd SET		3rd SET	
2nd SET		2nd SET		Ippon-seoi-nage to Kata-guruma		Hiza-guruma countered by O-uchi-gari	
Ashi-guruma		Hon-kami-shiho-gatame		De-ashi-barai to Harai-tsuri-komi-ashi		Okuri-ashi-barai countered by Tsubame-gaeshi	
O-guruma		Kuzure-kami-shiho-gatame		Tai-otoshi to Uchi-mata		De-ashi-barai countered by Ko-uchi-gari	
Harai-goshi		Hon-yoko-shiho-gatame		4th SET		4th SET	
Hane-goshi		Kuzure-yoko-shiho-gatame		O-soto-gari to Nidan-ko-soto-gari		Tsuri-komi-goshi countered by Utsuri-goshi	
Uchi-mata		Hon-tate-shiho-gatame		Ippon-seoi-nage to Uchi-make-komi		Harai-goshi countered by Ura-nage	
Harai-make-komi		Kuzure-tate-shiho-gatame		Harai-goshi to Soto-make-komi		Ashi-guruma countered by Sukui-nage	
Hane-make-komi				5th SET		5th SET	
Soto-make-komi				Kata-guruma to Yoko-otoshi		Morote-gari countered by Harai-goshi	
3rd SET		3rd SET		Ko-uchi-gake to Ko-uchi-gari		Tani-otoshi countered by O-uchi-gari	
O-soto-gari		Nami-juji-jime		Ko-soto-gari to Nidan-ko-soto-gari		Uchi-mata countered by Te-guruma	
Ko-soto-gari		Gyaku-juji-jime		MARKS AWARDED FOR SECTION 3:		MARKS AWARDED FOR SECTION 5:	
O-uchi-gari		Kata-juji-jime		SECTION 4 – Renraku-waza		SECTION 6 – Renraku/Kaeshi/Nige-waza	
Ko-uchi-gari		Tsuki-komi-jime		Nage-waza:		Ne-waza:	
O-uchi-gake		Ryo-te-jime		1st SET		1st SET	
Ko-soto-gake				Ko-uchi-gari to Tai-otoshi		Kuzure-kesa-gatame to Ude-garami	
O-soto-guruma				Hiza-guruma to O-soto-gari		Escape Kesa-gatame to Kuzure-kesa-gatame	
Morote-gari				Ko-uchi-gari to Ippon-seoi-nage			
4th SET		4th SET		2nd SET		2nd SET	
De-ashi-barai		Hadaka-jime		Uchi-mata to Ko-uchi-gari		Kesa-gatame to Hiza-gatame	
Okuri-ashi-barai		Okuri-eri-jime		O-uchi-gari to Tsuri-komi-ashi		Escape Yoko-shiho-gatame to Sangaku-gatame	
Sasae-tsuri-komi-ashi		Kata-ha-jime		Sasae-tsuri-komi-ashi to De-ashi-barai			
Harai-tsuri-komi-ashi		Sode-guruma-jime		3rd SET		3rd SET	
Hiza-guruma		Koshi-jime		Ashi-guruma to Tani-otoshi		Kuzure-kami-shiho-gatame to Ushiro-kesa-gatame	
Uki-otoshi				Harai-goshi to O-soto-gake		Kata-juji-jime countered by Hiza-gatame	
Tomoe-nage				O-soto-gake to Seoi-otoshi			
Sumi-gaeshi				4th SET		4th SET	
5th SET		5th SET		O-goshi to O-uchi-gake		Tate-shiho-gatame to Juji-gatame	
Kata-guruma		Ude-garami		De-ashi-barai to Tomoe-nage		Escape Yoko-shiho-gatame to Kata-te-kata-ashi-jime	
Koshi-guruma		Juji-gatame		Ippon-seoi-nage to Ko-uchi-gake			
Yama-arashi		Ude-gatame		5th SET		5th SET	
Tani-otoshi		Hiza-gatame		Ippon-seoi-nage to Okuri-ashi-barai		Juji-ashi-shiho-gatame to Juji-gatame	
Yoko-otoshi		Waki-gatame		O-uchi-gari to Uchi-mata		Tate-shiho-gatame to Mae-sode-jime	
Yoko-wakare				Ko-soto-gari to Tai-otoshi		MARKS AWARDED FOR SECTION 6:	
Yoko-gake				MARKS AWARDED FOR SECTION 4:			
Uki-waza							
MARKS AWARDED SEC' 1:		MARKS AWARDED SEC' 2:					

Examiner Section 1: _____ SE No: _____ Date: _____	Examiner Section 6: _____ SE No: _____ Date: _____
Examiner Section 2: _____ SE No: _____ Date: _____	Examiner Section 7: _____ SE No: _____ Date: _____
Examiner Section 3: _____ SE No: _____ Date: _____	Examiner Section 8: _____ SE No: _____ Date: _____
Examiner Section 4: _____ SE No: _____ Date: _____	Examiner Section 9: _____ SE No: _____ Date: _____
Examiner Section 5: _____ SE No: _____ Date: _____	Examiner Section 10: _____ SE No: _____ Date: _____

SECTION 7 – Passmark = 180 from possible 300						PASS / FAIL / EXEMPT					
		R	L			R	L			R	L
1st SET – Te-waza	Uki-otoshi			Kata-seoi				Kata-guruma			
2nd SET – Koshi-waza	Uki-goshi			Harai-goshi				Tsuri-komi-goshi			
3rd SET - Ashi-waza	Okuri-ashi-barai			Sasae-tsuri-komi-ashi				Uchimata			
4th SET – Ma-sutemi-waza	Tomoe-nage			Ura-nage				Sumi-gaeshi			TOTAL
5th SET – Yoko-sutemi-waza	Yoko-gake			Yoko-guruma				Uki-waza			

SECTION 8 – Passmark = 90 from possible 150						PASS / FAIL / EXEMPT					
1st SET – Katame-waza		2nd SET – Shime-waza				3rd SET – Kansetsu-waza					
Kuzure-kesa-gatame		Kata-juji-jime				Ude-garami					
Kata-gatame		Hadaka-jime				Juji-gatame					
Kami-shiho-gatame		Okuri-eri-jime				Ude-gatame					
Yoko-shiho-gatame		Kata-ha-jime				Hiza-gatame					
Kuzure-kami-shiho-gatame		Gyaku-juji-jime				Ashi-garami					
						TOTAL					

SECTION 9 – Gonosen-No-Kata - Passmark = 72 from possible 120						PASS / FAIL					
1st SET – Ashi-waza		2nd SET – Koshi-waza				3rd SET – Te-waza					
O-soto-gari to O-soto-gari		Kube-nage to Ushiro-goshi				Kata-seoi to Sumi-gaeshi					
Hiza-guruma to Hiza-guruma		Koshi-guruma to Uki-goshi									
O-uchi-gari to De-ashi-barai (Okuri)		Hane-goshi to Sasae-tsuri-komi-ashi									
De-ashi-barai to De-ashi-barai		Harai-goshi to Utsuri-goshi									
Ko-soto-gake to Tai-otoshi		Uchi-mata to Sukui-nage									
Ko-uchi-gari to Sasae-tsuri-komi-ashi						TOTAL					

Section 10 – Kokusai Shiai Waza					
1st SET		2nd SET		3rd SET	
Daki-ko-soto-gake		Morote-eri-seoi-nage		Yoko-tomoe-nage	
Soto-kibusu-gaeshi		Kata-soto-ashidori		Kata-sode-ashi-tsuri-komi-goshi	
Uchi-kibusu-gaeshi		Kata-uchi-ashidori		Soto-mata-seoi-otoshi	
Ryo-hiza-seoi-otoshi		Ryo-ashi-tomoe-nage		Ko-uchi-gake-mata-makikomi	
Kata-hiza-tai-otoshi		Kata-hiza-te-ouchi-gake-ashi-dori		Kata-eri-sode-tsuri-komi-goshi	
4th SET		5th SET			
Ushiro-hiza-ura-nage		Morote-kata-sode-tai-otoshi			
Hiza-soto-muso		Ashi-hara-gatame			
Yoko-kata-guruma-otoshi		Kata-te-ashi-koshi-jime			
Mae-hiza-uranage		Soto-ashi-dori-ouchi-gari			
Ryo-hiza-kata-guruma		Kata-sode-seoi-otoshi			
				TOTAL	

OVERVIEW – Points requirements	1st DAN	2nd DAN	3rd DAN	4th DAN	5th DAN
Section 1 – Single Techniques	One from each set Examiners Choice	Two from each set Examiners Choice	Three from each set Examiners Choice	Four from each set Examiners Choice	Five from each set Examiners Choice
	40 from 50	80 from 100	120 from 150	160 from 200	200 from 250
Section 2 – Single Techniques	One from each set Examiners Choice	Two from each set Examiners Choice	Three from each set Examiners Choice	Four from each set Examiners Choice	Five from each set Examiners Choice
	40 from 50	80 from 100	120 from 150	160 from 200	200 from 250
Section 3 – Renzoku-waza	One set Examiners Choice	Two sets Examiners Choice	Three sets Examiners Choice	Four sets Examiners Choice	All Five sets
	24 from 30	48 from 60	72 from 90	96 from 120	120 from 150
Section 4 – Renraku-waza	One set Examiners Choice	Two sets Examiners Choice	Three sets Examiners Choice	Four sets Examiners Choice	All Five sets
	24 from 30	48 from 60	72 from 90	96 from 120	120 from 150
Section 5 - Kaeshiwaza	One set Examiners Choice	Two sets Examiners Choice	Three sets Examiners Choice	Four sets Examiners Choice	All Five sets
	24 from 30	48 from 60	72 from 90	96 from 120	120 from 150
Section 6 – Renraku/Kaeshi/Nige-waza	One set Examiners Choice	Two sets Examiners Choice	Three sets Examiners Choice	Four sets Examiners Choice	All Five sets
	16 from 20	32 from 40	48 from 60	64 from 80	80 from 100
Section 7 – Nage-No-Kata	One entire Kata Candidates Choice	Two entire Kata's Candidates Choice	Entire Kata	Entire Kata*	Entire Kata*
	PASS / FAIL	PASS / FAIL	180 from 300	180 from 300	180 from 300
Section 8 – Katame-No-Kata	One entire Kata Candidates Choice	Two entire Kata's Candidates Choice	Entire Kata	Entire Kata*	Entire Kata*
	PASS / FAIL	PASS / FAIL	90 from 150	90 from 150	90 from 150
Section 9 – Gonosen-No-Kata	One entire Kata Candidates Choice	Two entire Kata's Candidates Choice	Entire Kata	Entire Kata*	Entire Kata*
	PASS / FAIL	PASS / FAIL	72 from 120	72 from 120	72 from 120
Section 10 – Kokusai Shiai Waza	One set Candidates Choice	Two sets Candidates Choice	Three sets Candidates Choice	Four sets Candidates Choice	All Five sets
	40 from 50	80 from 100	120 from 150	160 from 200	200 from 250

Notes for the Examiner: Marking for Technical Dan Grades will range from 0 to 10 points for each technique. Examiners are required to assess the technical knowledge and understanding of candidates as opposed to their personal performance. Minimum pass mark for each section is 80% as indicated above – the pass mark for Sections 7, 8 and 9 however is 60%. Holders of Club Level Kata Certificates are exempt from the corresponding sections. Holders of Technical 3rd Dan and above are exempt from Sections 7, 8 & 9. Holders of Competitive 3rd Dan and above must complete Sections 7, 8 & 9.